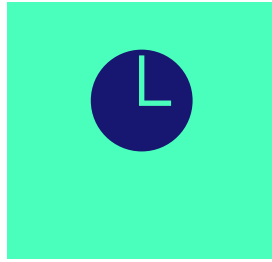


RUGBY **AU**

UNDER 16s to 18s - WEEK 1



**FOCUS
AREA**



WHAT TO DO

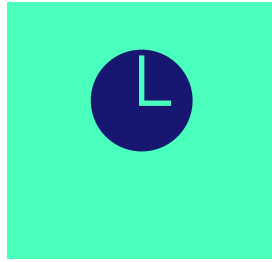


COACHING TIPS

VARIATIONS

QUESTIONS FOR UNDERSTANDING

FOCUS SKILLS

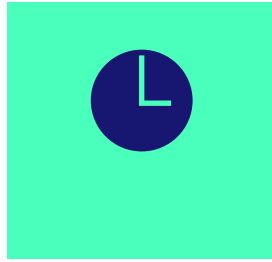


**FOCUS
AREA**



WHAT TO DO	
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COACHING TIPS	VARIATIONS
QUESTIONS FOR UNDERSTANDING	FOCUS SKILLS

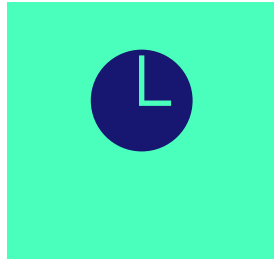


**FOCUS
AREA**



WHAT TO DO	
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COACHING TIPS	VARIATIONS
QUESTIONS FOR UNDERSTANDING	FOCUS SKILLS



**FOCUS
AREA**



WHAT TO DO

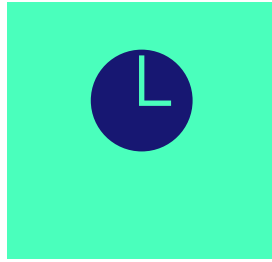


COACHING TIPS

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**FOCUS
AREA**



WHAT TO DO

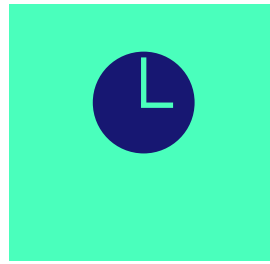


COACHING TIPS

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**FOCUS
AREA**



WHAT TO DO

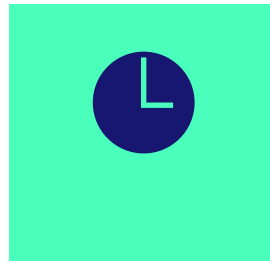


COACHING TIPS

VARIATIONS

QUESTIONS FOR UNDERSTANDING

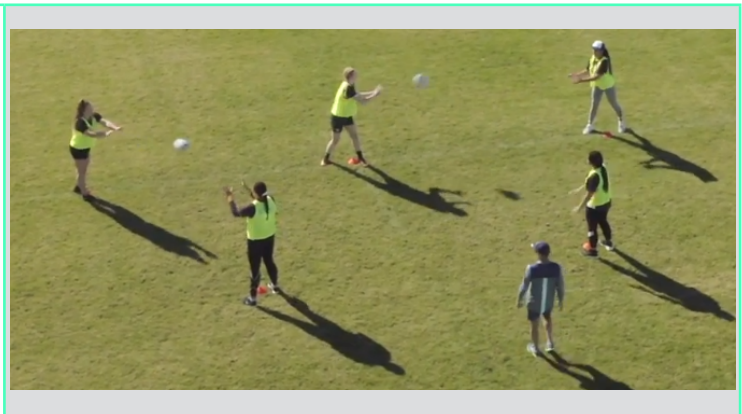
FOCUS SKILLS



**FOCUS
AREA**



WHAT TO DO

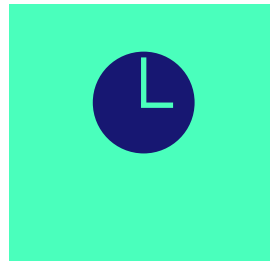


COACHING TIPS

VARIATIONS

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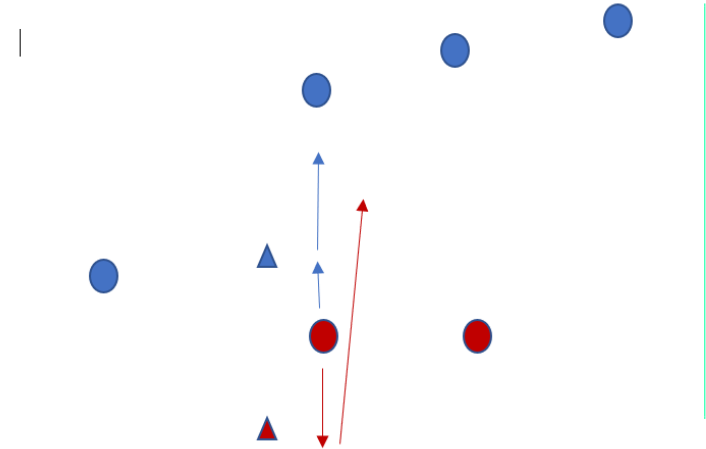
FOCUS SKILLS



FOCUS AREA



WHAT TO DO

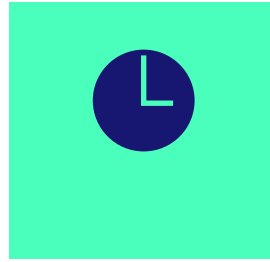


COACHING TIPS

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WHAT TO DO



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