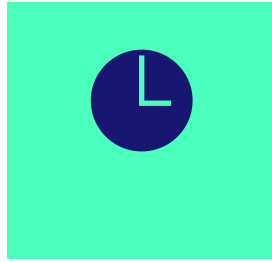


# **RU** **UGBY** **AU**

**UNDER 10s to 12s - WEEK 2**



**FOCUS  
AREA**



**WHAT TO DO**

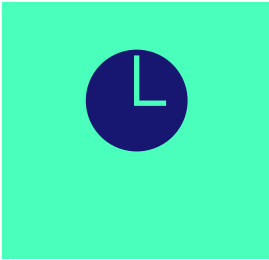


**COACHING TIPS**

**VARIATIONS**

**QUESTIONS FOR UNDERSTANDING**

**FOCUS SKILLS**



**FOCUS  
AREA**



**WHAT TO DO**

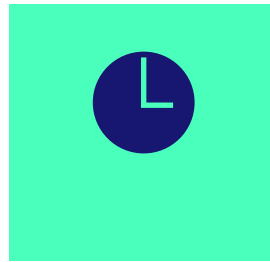


**COACHING TIPS**

**VARIATIONS**

**QUESTIONS FOR UNDERSTANDING**

**FOCUS SKILLS**



**FOCUS  
AREA**



## WHAT TO DO

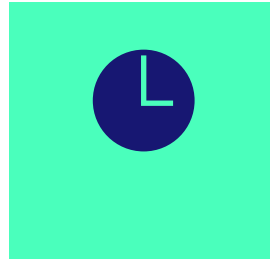


## TEACHING TIPS

## VARIATIONS

## QUESTIONS FOR UNDERSTANDING

## COACHING POINTS



**FOCUS  
AREA**



**WHAT TO DO**

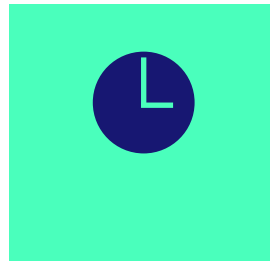


**COACHING TIPS**

**VARIATIONS**

**QUESTIONS FOR UNDERSTANDING**

**FOCUS SKILLS**



**FOCUS  
AREA**



**WHAT TO DO**

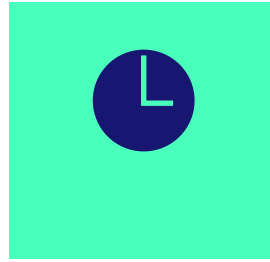


**COACHING TIPS**

**VARIATIONS**

**QUESTIONS FOR UNDERSTANDING**

**FOCUS SKILLS**



**FOCUS  
AREA**



**WHAT TO DO**



**COACHING TIPS**

**VARIATIONS**

**QUESTIONS FOR UNDERSTANDING**

**FOCUS SKILLS**